



SHRI ISARI VELAN MISSION HOSPITAL

A Comfort Care Centre



A unit of VELS Group, Pallavaram



**A 150 BEDDED FREE PALLIATIVE CARE HOSPITAL
& LOW COST DIALYSIS CENTRE**

Sri Venkateswara Dental College Campus
Thalambur

Off OMR, Near Navalur, Chennai - 603 103

Ph : 91 - 44 - 2743 5109 / 3257 3121 Fax : 2743 5110

E - mail : info@velanhospital.com

Website : www.velanhospital.com



www.facebook.com/velanhospital

info@velanhospital.com





SHRI ISARI VELAN MISSION HOSPITAL

A Comfort Care Centre



*To live with comfort, dignity and fulfillment.
Comprehensive care to serious illnesses.*

Life with dignity

What is Palliative Care?

Palliative Care is a holistic approach in the prevention and relief of suffering offered by a specialized medical team that focuses on managing symptoms, relieving pain and improving the quality of life, whatever the diagnosis is. Palliative care is appropriate at any age and at any stage in a serious illness, and can be provided together with curative treatment.



"After I was admitted here, I wish
I had some more days to live here ..."

- A patient



What is our goal?

Our goal is to improve the quality of life for both the patient and the family. Our goal is to address the needs of the whole person : their physical comfort, their emotional and spiritual well-being, and their dignity.

Who will need this care?

Patients with physical symptoms like pain, fatigue, loss of appetite, nausea, vomiting, shortness of breath and insomnia. Emotional issues like depression, anxiety, fear, etc., are also addressed.

Who provides care?

SIVMH provides team-based care for both patients and families. Includes experts in medical, emotional and spiritual needs. Care is provided under the direction of **Dr. G. Ilangoan, Palliative care specialist** trained in USA and UK. We have trained doctors, nurses, counsellors, physiotherapist, dieticians here in our team.





When do people need this care?

When people feel overwhelmed with everything that's happening to them or someone they love, who are suffering from physical, emotional or spiritual discomfort. People do not have to face these challenges alone, we're here to help them in a better way.

Why do they need this care?

Suffering is inevitable but comfort is an option. We ease suffering because everyone matters to us.

Offering Comfort & Care

We take a wide ranging approach to give both patients and their families the best possible quality of life, for as long as life lasts.

We provide emotional, spiritual support and counseling as part of our medical care. We care to make a difference to people living with a serious illness.

We provide care to all - irrespective of their financial status.

Patients can be admitted for a variety of medical reasons and usually for a defined period of time.





Why we admit patients here?

Assessment - a period of close observation to clarify their care needs and to plan further care.

Symptom control - to alleviate the symptoms they are experiencing and to make them comfortable. Eg. pain.

Respite - admission for an agreed period of time to provide relief for patients and their family.

Rehabilitation - admission for a specific time to maximize the quality of life and improve your independence. Eg. Post surgery.

End of life care - to provide care and support in the last days of life.

SALIENT FEATURES

- ✧ Doctors available 24 hours
- ✧ Pharmacy
- ✧ Laboratory
- ✧ Dialysis Centre
- ✧ Rehabilitation Centre
- ✧ Library



- ✧ Recreation Room
- ✧ Cafeteria
- ✧ Temple
- ✧ Prayer Hall
- ✧ Healing Garden
- ✧ Transport facilities



Palliative care for all diseases and all ages



Conditions for which patients may be admitted here :

Cancer

- ◆ Terminal disease at diagnosis
- ◆ Disease progresses despite therapy
- ◆ Any patient whose cancer is metastatic or inoperable cancer
- ◆ Uncontrolled signs and symptoms due to cancer or its treatment

Heart Disease

- ◆ Cardiac arrest or syncope / New dysrhythmia
- ◆ Frequent emergency visits or hospital admissions
- ◆ Heart failure symptoms at rest / Ejection fraction <20%
- ◆ Angina refractory to medical or interventional management
- ◆ Stage III or IV heart failure despite optimal medical management

Dementia

- ◆ Caregiver stress
- ◆ Feeding problems / weight loss
- ◆ Behavioral problems like agitation
- ◆ Increased safety concerns
- ◆ Less than six intelligible words
- ◆ Incontinence of bladder / bowel
- ◆ Unable to walk, bathe or dress self without assistance

Pulmonary Disease

- ◆ Dyspnea with minimal to moderate exertion / at rest
- ◆ Others, e.g. pulmonary fibrosis, pulmonary hypertension
- ◆ Oxygen-dependent, O₂ sats <88% on room air PCO₂>50
- ◆ Signs or symptoms of right heart failure
- ◆ Unintentional weight loss



Neurologic

- ◆ Stroke
- ◆ Parkinson's
- ◆ Paraplegia
- ◆ Unintentional weight loss
- ◆ Decubitus ulcer
- ◆ Homebound/ bed confined

Liver Disease

- ◆ Refractory activities/ SBP
- ◆ Symptomatic disease / jaundice/ confusion
- ◆ Labs: INR>5/ Albumin<2.5
- ◆ Malnutrition and muscle wasting

Debility/ Failure to Thrive

- ◆ Weight loss
- ◆ Patient/ Family desire for comfort care
- ◆ Clinical progression of disease/ Functional decline
- ◆ No desire/ a candidate for aggressive treatment
- ◆ Frequent emergency visits/ hospitalizations
- ◆ More than three chronic conditions in a patient > 75 years old

Renal Disease

- ◆ Dialysis/ not a candidate for dialysis
- ◆ Stage IV or Stage V chronic kidney Disease
- ◆ Creatinine Clearance <15mL/minute/ Serum creatinine >6.0

Other diseases

- ◆ HIV/ AIDS
- ◆ Syphilis



**SHRI ISARI VELAN
MISSION HOSPITAL**
A Comfort Care Centre



About us

Our Mission

To provide compassionate care for those individuals living with a serious illness and their families, through high quality medical, emotional, spiritual, and social support.

Our Vision

To provide the absolute best in compassionate and competent end-of-life healthcare to all those who need it.

Our Core Values

Compassion : Compassionate care is at the very heart of what we do and why we exist.

Commitment : To deliver compassionate care for all patients, families, community, and each other with highest professional integrity.

Competence : Competent care is the first essential step to providing compassionate care. It is doing the right thing for the right reason.

Collaboration : To provide multi - disciplinary care and empower to meet the needs of the individual.

Creativity : Creativity is tapping the brilliance within ourselves and our community to generate ideas that will continually improve compassionate care in the face of all that might challenge it.

Charity : Opening our heart and giving a hand to someone in need or who's suffering.

Managed by **Vaels Educational Trust**

*A charitable trust that provides
patients comfort and peace of mind.*